



# DISCIPLESHIP

encourage | empower | equip

September 25 & 26 at FRAC West.



Since meeting Christ (and her husband Joe) at summer camp, **Abby Anderson** has been focused on teaching the next generation about Jesus. As someone who was directly impacted by the discipleship of older women, she is passionate about how discipleship can change lives. Abby currently works with *The Navigators* helping raise funds so discipleship can continue on college campuses, neighborhoods and overseas, while continuing to make disciples in her personal time. Her most recent disciple is her three-month-old daughter, Haven, who is unbiasedly the cutest baby ever.



# THE PERSONAL IMPACT OF DISCIPLESHIP

Who is a disciple?

Discipleship is **SPIRITUAL MENTORSHIP**

Six characteristics of a discipling relationship:

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Are you already practicing some of these things in a current relationship?

How could you add **greater intentionality** to that relationship?

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# OVERCOMING THE OBSTACLES OF DISCIPLESHIP

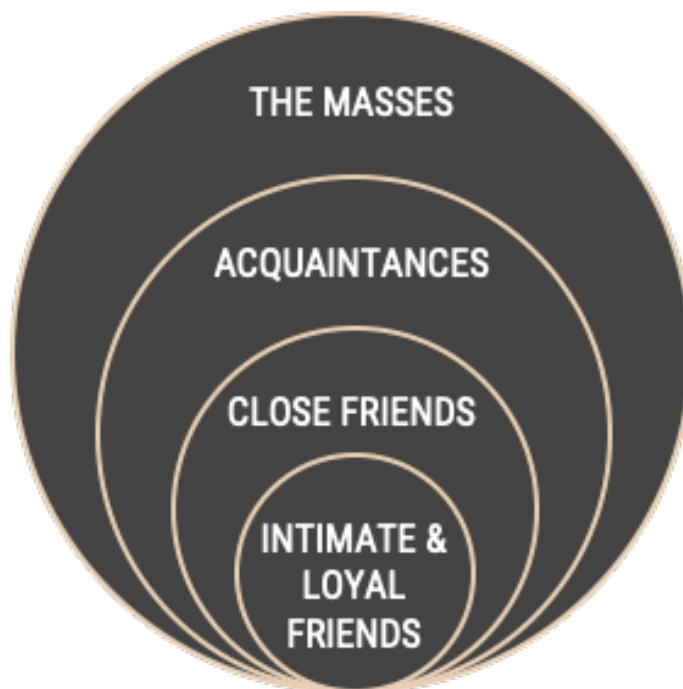
Most people feel too busy, overwhelmed or ill-equipped to make disciples.

That's why we want to share practical ways to make disciples in your everyday life, regardless of circumstances, so you can confidently impact generations for Christ.

## **BUSY**

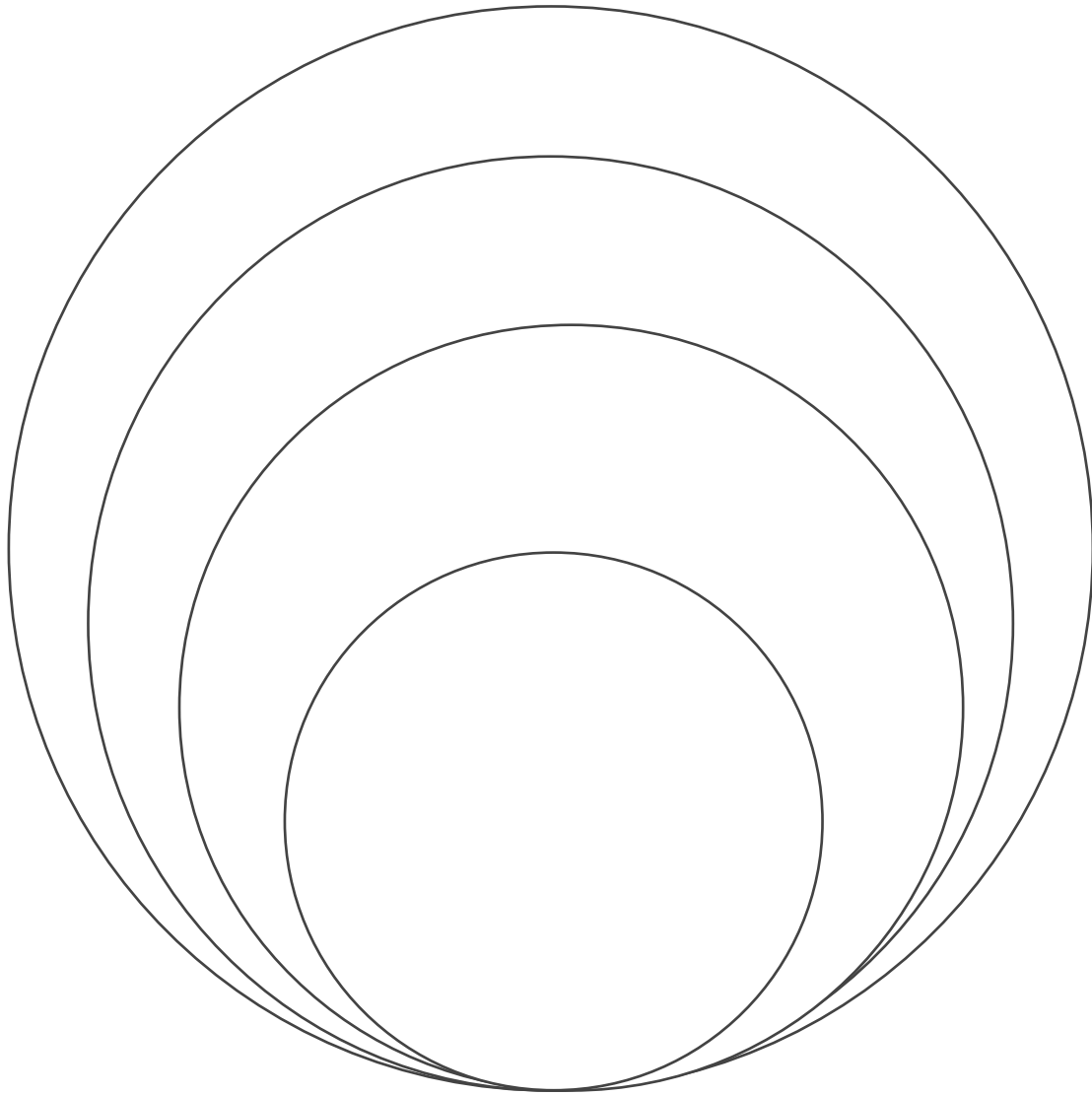
What are you already doing that you can invite someone into?

### **THE CIRCLE OF RELATIONSHIPS**



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## MY CIRCLE OF RELATIONSHIPS



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## OVERWHELMED

What is your first step in inviting someone into a discipling relationship?

## ILL-EQUIPPED

What is something that you are doing in your spiritual life that you can invite them to do with you?

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# SO, HOW DO I DISCIPLE SOMEONE?

## IDENTIFY

What relationships has God already given you that you could add the intentionality of spiritual mentorship?

Are they available and teachable?

Where are they in their journey with Christ?

## THE FOUR QUADRANTS



## INVITE

*"Because we loved you so much, we were delighted to share with you not only the gospel, but our lives as well"*

*1 Thessalonians 2:8*

How can you share your everyday life with them?

How can you share your spiritual walk with them?

NOTES



## MULTIPLY

*"All the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others"*

*2 Timothy 2:2*

What can I teach my disciple that they can easily teach someone else?

NOTES

## ACTION ITEMS

WHO CAN YOU DISCIPLE? \_\_\_\_\_

IF IT IS A PRE-EXISTING RELATIONSHIP WHAT STEPS OF INTENTIONALLITY WILL YOU TAKE TO MAKE IT A DISCIPLING RELATIONSHIP?

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WHAT IS SOMETHING ALREADY ON YOUR CALENDAR IN THE NEXT TWO WEEKS THAT YOU COULD INVITE THEM TO DO WITH YOU?

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WHAT IS SOMETHING IN YOUR SPIRITUAL LIFE THAT YOU COULD INVITE THEM TO DO WITH YOU?

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WHAT CAN I TEACH MY DISCIPLE THAT THEY CAN EASILY TEACH SOMEONE ELSE?

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HOW WILL I HELP MOVE OUR COMMUNITY TOWARDS A DISCIPLESHIP CULTURE?

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# RECOMMENDED DISCIPLESHIP BOOKS

*A Mother's Heart* by Jean Fleming

*Character Matters: Shepherding in the Fruit of the Spirit* by Aaron Menikoff

*Delighting in the Trinity* by Michael Reeves

*Discipleship Essentials: A Guide to Building Your Life in Christ* by Greg Ogden

*Discipleship: What It Truly Means to Be a Christian - Collected Insights from A. W. Tozer*

*Discipling: How to Help Others Follow Jesus* by Mark Dever

*Gentle & Lowly* by Dane Ortlund

*Multiply: Disciples Making Disciples* by Francis Chan

*Pursue the Intentional Life* by Jean Fleming

*The Complete Book of Discipleship: On Being and Making Followers of Christ* by Bill Hull

*The Master Plan of Evangelism* by Robert Coleman

